

Menu: Saint Louis NEW Napa k-8 lunch  
 School: Napa  
 Dates: February 02, 2015 - February 27, 2015

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
1450135	Applesauce	No	No	No	No	No	No	No	No
1450359	Applesauce, Unsweet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450309	Bean & Cheese WG Burrito HM	No	No	Yes	No	No	No	No	Yes
2163383	Braised Mustard Greens	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451212	Breaded Baked Chicken	Yes	No	No	No	No	No	No	Yes
1451338	Breaded Baked Chicken w/ Roll	Yes	No	No	No	No	No	No	Yes
1450053	Brown Rice	No	No	Yes	No	No	Yes	No	No
1450629	Cheese Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450908	Chicken Alfredo	No	No	Yes	No	No	Yes	No	Yes
1750002	Chicken Nuggets	No	No	No	No	No	Yes	No	Yes
1450755	Chicken Quesadilla 9"	No	No	Yes	No	No	Yes	No	Yes
1450950	Chicken Spaghetti	No	No	No	No	No	No	No	Yes
1450096	Chicken Teriyaki w/ Brown Rice	No	No	No	No	No	Yes	No	Yes
1451607	Cooked Crinkle Cut Carrots	No	No	Yes	No	No	Yes	No	No
1451602	Com Kernels	No	No	Yes	No	No	Yes	No	No
1451286	Combread Square	Yes	No	Yes	No	No	Yes	No	Yes
1450356	Diced Pears	No	No	No	No	No	No	No	No
1450403	Fat Free Chocolate Milk	No	No	Yes	No	No	No	No	No
1450934	Fish Patty Sandwich	No	Yes	Yes	No	No	Yes	No	Yes
1921580	Fresh Apple	No	No	No	No	No	No	No	No
1450140	Fresh Banana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450269	Fresh Orange	No	No	No	No	No	No	No	No
1450325	Fresh Steamed Broccoli	No	No	Yes	No	No	Yes	No	No
2138475	Fruit Cocktail	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450208	Garbanzo Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451089	Garlic & Herb Veggie Rotini	No	No	Yes	No	No	Yes	No	Yes
1451611	Green Beans	Yes	No	Yes	No	No	Yes	No	No
1450514	Green Peas	No	No	Yes	No	No	Yes	No	No

2159209	Grilled Cheese Sandwich & Tomato Soup	No	No	Yes	No	No	Yes	No	Yes
1450800	Grilled Ham & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1451303	Ham Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450494	Ketchup	No	No	No	No	No	No	No	No
1451086	Lettuce/Spinach Mix	No	No	No	No	No	No	No	No
1451011	Macaroni & Cheese	No	No	Yes	No	No	Yes	No	Yes
1450300	Mandarin Oranges	No	No	No	No	No	No	No	No
1450525	Mayonnaise	Yes	No	No	No	No	Yes	No	No
1450454	Mexicom	No	No	Yes	No	No	Yes	No	No
1450534	Mustard Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2139029	Pasta Primavera w/ Chicken	No	No	Yes	No	No	Yes	No	Yes
1450682	Pepperoni Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1451225	Pineapple Tidbits	No	No	No	No	No	No	No	No
2139309	Pinto Beans	No	No	No	No	No	No	No	No
1450424	Ranch Dressing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1843311	Rice & Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451628	Salad Bar, Beans, Garbanzo	No	No	No	No	No	No	No	No
1450536	Salad Bar, Carrots, Baby	No	No	No	No	No	No	No	No
1450505	Salad Bar, Celery, Sticks	No	No	No	No	No	No	No	No
1450506	Salad Bar, Cucumber, Raw	No	No	No	No	No	No	No	No
1450544	Salsa, Canned (C)	No	No	No	No	No	No	No	No
1451216	Sliced Peaches	No	No	No	No	No	No	No	No
1450676	Southwest Veggie Wrap	Yes	No	Yes	No	No	Yes	No	Yes
1985296	Spicy Chicken Rings w/ Roll	No	No	No	No	No	Yes	No	Yes
2161589	SS Goldfish Physedible Strawberry	No	No	No	No	No	Yes	No	Yes
1451454	Sweet & Sour Chicken w/ Rice	No	No	No	No	No	Yes	No	Yes
1450856	Sweet Potato Fries, Crinkle Cut	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450636	Tater Gem	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2139259	Tomato Wedges	No	No	No	No	No	No	No	No
1451405	TTM Supreme Nachos w/ Spanish Rice	No	No	Yes	No	No	No	No	No
1450590	Turkey & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes

1450632	Turkey & Cheese Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450384	Turkey Corn Dog	Yes	No	Yes	No	No	Yes	No	Yes
1450925	Turkey Hot Dog	Yes	No	Yes	No	No	Yes	No	Yes
1450827	Turkey Melt Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450735	Vegetables, Frzn, 5 Way Mixed	Yes	No	Yes	No	No	Yes	No	No
1450400	White 1% Low Fat Milk	No	No	Yes	No	No	No	No	No

\* = Indicates missing Nutrient Information.

**WARNING: THE DATA CONTAINED WITHIN THIS REPORT CANNOT BE USED FOR AND DOES NOT PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY. USE OF THE SERVICES TO PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY IS A VIOLATION OF THE TERMS OF THIS SERVICE. ANY SUBSCRIBER PLANNING FOR OR TREATING MEDICAL CONDITIONS, DIETARY RESTRICTIONS OR A FOOD ALLERGY MUST CONSULT A MEDICAL PROFESSIONAL FOR ASSISTANCE. TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.**

Copyright © 2014 A Higher Level

Warning: the data contained within this report cannot be used for and does not provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy. Use of the services to provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy is a violation of the terms of this service. Any subscriber planning for or treating medical conditions, dietary restrictions or a food allergy must consult a medical professional for assistance. Trans fat values are provided for information purposes only, not for monitoring purposes.